

Twist & Tuck

Gym Party / **T-Bus Party** / **Inflatable/Seamore**

Revised 01-02-08fb

Please complete & return within 5 days

Name: _____ Child's Name: _____ Age: _____

Party Date: _____ Time: _____ # Of Participants: _____

Address: _____

Phone #: _____ Work #: _____

How Did You Find Out About Us: _____

Circle T-shirt Size: CS CM CL AS AM AL (Does Not Apply)

GYM PARTY - CHECK OFF WHAT APPLIES TO YOU

- * \$120.00 for 12 children or less
- * \$125.00 for non-members 12 children or less

- \$25.00 Non-refundable deposit required to hold a time slot.
- \$3.50 Each additional child
- \$50.00 Include Seamore
- \$25.00 Additional Charge for Professional Coach
- \$_____ balance due day of party.

TUMBLEBUS PARTY - CHECK OFF WHAT APPLIES TO YOU

- * \$120.00 for 12 children or less
- * \$125.00 for non-members 12 children or less

- \$25.00 Non-refundable deposit required to hold a time slot.
- \$40.00 Per 1/2 hour additional (required for parties greater than 12)
- \$3.50 Each additional child
- Additional charge for each mile beyond a 12 mile radius of Twist & Tuck
- \$_____ balance due day of party.

Be sure to have the enclosed release form signed by parents of all participants.

DIRECTIONS TO PARTY LOCATION FROM TWIST & TUCK GYM:

DRAW MAP IF NEEDED & ATTACH TO THIS PAPERWORK

Gym/Bus Guidelines & Rules

- Please allow 2 weeks in advance to reserve your party date.
- No parents on any equipment
- One at a time on trampoline.
- No one under trampolines.
- Kids should wear t-shirts & gym shorts. (no jeans, zippers, dresses)
- No running or pushing.
- No horseplay
- Long hair should be tied back.
- No jewelry.
- **ABSOLUTELY NO GUM!!!**
- In the event of inclement weather or instructor illness, your party will be rescheduled to the next available open date based on your approval.
- Participants should be in good physical health due to the strenuous, high-energy expenditure activities. Work-out wear is preferred (shorts or pants with no zippers along with a t-shirt, tennis shoes or casual shoes) **PLEASE! NO PARTY DRESSES OR COWBOY BOOTS!** Activities may include tumbling, mat mountains, obstacle courses, ladders/slides/tunnels, flying trapeze, rings, rejoinders, trampolines, etc. Lesson plans are non-competitive with high energy expenditure as a primary goal.
- Due to the height restrictions & safety policy, bus parties are not recommended for participants over 2nd grade.
- For maximum enjoyment & repetition, bus parties are designed for no more than 12 to 13 participants at one time. Parties of greater than 12 need to reserve **IN ADVANCE** and additional 1/2 hour of party time. The host parent is responsible for dividing up the guests into two x 45 min. groups or three x 30 min. groups so that everyone gets lots of repetitions of **FUN, FUN, FUN!** The host parent is responsible for entertaining the non-gym group during the rotations.
- Participants must walk with the instructor of the T-bus.
- No food or drink on the bus.
- **GUEST COUNT/RESPONSIBILITIES** - One week prior to the party you will need to provide us with an up-to-date number of children attending. It is very important that you are accurate, because the gym will employ additional instructors if you have additional children. Guests arriving late, siblings and any other person participating in any portion of the party activities will be counted as a participant. Parents and other adults may not participate on equipment. All participants must provide us with a signed release form prior to the party or the day of in order to participate on the trampolines (**No Release...No Trampoline**).