

BABYSITTERS? NO PROBLEM!

**WE'RE THE ONE BABYSITTER
THEY CAN'T WAIT TO SEE...**

Funtastic Fridays

EVERY FRIDAY NITE

6:00pm-10:00pm
(must be potty-trained)

Cost—\$10 members/\$15 non-members

The evening consists of: safe environment,
pizza/drink, gym time, movie, games & a lot more!!

Programs Offered:

USAG Competition Trampoline & Tumbling Teams
Kindergym/Preschool Classes

Recreation Development Training (Beg-Elite)

JumpStart (ages 7-12 only)

HomeSchool Classes (ages 6 & up)

My Pal & Me Classes (ages 18 mon-3 yr)

Cheer Zone Classes (ages 6 & up)

TumbleBus M.E.O.W. (Movement in Education On Wheels)

Funtastic Funnies Inflatable—Seamore

Cheer Squads

Bughouse Chess

Fun Fridayz For Kidz—Open Gym

Cheerleader's Ultimate Tumbling Facility

We have Collegiate Cheerleaders at:

Duke University, East Carolina University,
UNC Charlotte, New Bern, UNC Chapel Hill,
University of Tennessee, North Carolina State
University, Western Carolina University,
UNC Wilmington, UNC Pembroke, Samford
University, Appalachian State University &
Gardner Webb University

~ TRAIN WITH PROFESSIONALS ~



TWIST & TUCK, INC. MISSION STATEMENT

**To provide each child with a solid founda-
tion of healthy living skills both mentally
& physically in a safe & fun environment.**

"Where Friends Are Made & Fitness Made Fun"

Summer Sports Camp 2010 Schedule

Week #1	June 14-18	Week #6	July 26-30
Week #2	June 21-25	Week #7	Aug 2-6
Week #3	June 28-July 2	Week #8	Aug 9-13
Week #4	July 12-16	Week #9	Aug 16-20
Week #5	July 19-23		



The Ultimate Party Excitement

Available to you from

Twist & Tuck

~ 2009 & 2007 ~
NC Coaches Of The Year

1667 South Industrial Park Road
Lincolnton, NC 28092
~Since 1993~

(704) 732-0926

Office Email: twistandtuck@charter.net

www.twistandtuckgym.com

Gym Parties

- * Ages 4 & up
- * Parties last 1 hour & 30 minutes for up to 12 children
- * Activities such as the parachute, obstacle course, trampoline, double-mini & more
- * A personalized birthday banner & decorations
- * Party ribbons, treat & a gift for the birthday child
- * Saturdays: 11:00am, 1:00pm, or 3:00pm

COST: (Prices effective as of 09/01/06)

- * \$25 non-refundable deposit required to hold time slot
- * \$120.00 for 12 children or less, T & T members
- * \$125.00 for non-members
- * \$3.50 charge for each additional child
- * **INCLUDE SEAMORE** add \$50.00

Sleep Over Parties

- 10pm—8am
- \$50 non-refundable deposit to hold your time slot
- 1-10 children (\$200.00)
- Up to 25 children (\$400.00)

Join in on the coolest sleepover party including pizza, drinks, movie, games, fun, karaoke, and lots of gym time.



TumbleBus Parties

- * Ages 3 to 7
- * Parties last 1 hour for up to 12 children
- * T-bus comes to your home for 1 hour of fun, games & activities
- * A personalized birthday banner and decorations will be provided.
- * A T-bus t-shirt for the birthday child & treat bags for the guests.
- * Saturdays: 11:00am or 1:00pm
- * Great for Fundraisers

COST:

- * \$25.00 non-refundable deposit to hold time slot
- * \$120.00 for 12 children or less, T&T members
- * \$125.00 for non-members
- * \$3.50 for each additional child
- * \$40.00 per half hour additional (required for parties greater than 14)
- * Additional charge for each mile beyond a 12 mile radius of Twist & Tuck



Fun-Tastic Inflatables

Seamore is a colorful maze of streamers, boppers and soft obstacles for the kids to climb under, through, around or over! Her head is 15' high with a 55' long 3D body, FUN INSIDE & OUTSIDE. Seamore also boasts an indoor slide suitable for weights up to 100 lbs. maximum.

FUNNIES DAILY RENTAL COST:

- * \$100 Hourly / \$300.00 Daily (6 hours)
- * \$10.00 extra an hour / per person with T&T Supervision
- * This includes: delivery, pickup & taxes
- * Additional charges beyond a 12 mile radius of Twist & Tuck
- * Great for Fundraisers

